

# HIGH FIVE CLUB

changing lives, £5 at a time

## Clean Water Provision, Zambia

1 in 8  
PEOPLE  
drink water  
that could kill



### Background

As access to clean water is the number one priority in rural Africa, the High Five Club has made water provision in wildlife areas of Zambia one of its core deliverables. We are expanding our reach year by year to bring safe, clean water to thousands of people in villages across the Luangwa Valley. In line with our self-help 'hand up' approach to development, High Five Club provides the funds to pay for the labour (all of our wells are hand dug using specialist local well diggers), cement, metal chains, windresses (winding mechanism), lids for the wells and buckets, and the

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villagers themselves hand-make the bricks and collect the river sand needed to construct the walls that line the wells. In this way ownership of the wells by the community is assured. Each recipient village also set up a Village Water Committee, with each household putting between 20p and 50p in the pot each month so that any repairs and maintenance can be carried out by the village moving forwards ensuring sustainability and no more defunct wells! The well's low-tech design and construction also ensures sustainability and ownership by the community. All water committees are monitored by our partner in the Luangwa Valley, the Mnkhanya Community Resource Board, who ensures that any maintenance work is carried out in a timely fashion, along with them overseeing the construction of the wells.

**From 2011 to 2014** High Five Club members joined hands together to sink 11 wells, along with renovating 11 defunct wells, bringing safe, clean drinking water to 11,000 villagers bordering the wildlife-rich South Luangwa National Park.

Incidents of water-borne diseases in all of the villages has reduced significantly and the women report that they now have more time to do other chores aside from collecting water from far away streams and dugouts and have less conflict now with wildlife. School attendance levels have also increased with less diarrhoeal diseases amongst the children.



## High Five Club Support

In **2015** we funded a further 2 wells in Chitempha and Matula VAGs at a cost of £738 (a favourable exchange rate at the time!), and in late **2016** a further 4 wells in Simpila, Chiwawatala, Kamuzaza and Nsiku villages at a cost of £2442.09. Our total gift of £3180.09 has brought safe, clean water to another 3,000 people. **At just £1.06 per person for the provision of clean water for life, what a difference this initiative is making.**

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We are very thankful to the Rotary Club of Canterbury Sunrise who provided High Five Club with the funds for one of these wells, and to Whitstable Rotary Club for the provision of funds for 2 of these wells. We also secured a grant from the Hope Trust towards our water projects. It is amazing what an impact we can have when we come together to help those less fortunate than ourselves.



High Five Club Water Programme in Luangwa Valley, Zambia	Total Number of Wells	Total Number of villagers Benefiting	Cost/Villager (£)
New Wells Constructed	17	8,500	1.18
Old Wells Renovated/Restored	11	5,500	0.50
<b>TOTAL</b>	<b>28</b>	<b>14,000</b>	<b>0.91</b>

*We will keep you updated as your contributions to the High Five Club enable more wells to be built as we extend to other villages. If you know of any organisations who would like to help us bring clean water to even more people in rural Africa, please put them in touch.*

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